



# MEN OF CODE

**ISSUE:** Young women between the ages of 18-24 experience the highest rate of intimate partner violence, almost double the national average. Due to domestic violence being a gendered crime and problem, work must be done with men and boys to teach them how to become allies to women and girls.

**MEN OF CODE IS AN INITIATIVE** designed to transform young men and coaches involved with athletics into allies and leaders in the movement to end intimate partner violence against women and girls. Men of Code stands for Men of Character and Ownership Dedicated to Leading by Example (CODE). Studies show that one in three young people will be in an abusive or unhealthy relationship and that violent behavior often begins between the ages of 12-18.

**Becky's Fund** works with school administrations, high school athletes, and their coaches to address healthy relationships and gender-based violence through policy support and mentorship throughout the year. MOC has been recognized as an exemplary violence prevention program working with men and boys by the Office of Violence Against Women, Department of Justice, and former Vice President Joe Biden. MOC is unique in its efforts to cultivate positive self-esteem and self-efficacy among young men by facilitating introspection and personal growth, building key competencies, and teaching important leadership and life skills to use beyond the playing field. Program participants explore oppression, bystander intervention, consent, how to help someone who is in an abusive relationship as well as skills for coping with trauma and learning how to manage stress.



## CURRICULUM TOPICS INCLUDE

Leadership ▪ Healthy Masculinity ▪ Healthy Relationship ▪ Domestic Violence ▪ Consent and Sexual Assault ▪ Prevention and Bystander Intervention ▪ Trauma, Stress and Mental Health ▪ Financial Literacy ▪ Life Outside of Sports ▪ Brand Development

### AFTER TAKING THE MEN OF CODE PROGRAM

**96%**

Knew there was never an excuse to be physically violent in a relationship.

**86%**

Were confident in their ability to intervene and de-escalate an abusive situation.

**96%**

Believed it was important to hold themselves accountable for their actions.

**96%**

Could identify the signs of an unhealthy relationship.

**94%**

Felt comfortable talking about their emotions and mental health.

**92%**

Agreed consent must be present and can be revoked at any time in all sexual encounters.

**BECKY'S FUND**  
DOMESTIC VIOLENCE